

**ALESSIO GUBELLO**

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**Work Address:**

Faculty of Psychology, Educational Sciences and Speech Therapy  
Université Libre de Bruxelles  
Av. F. Roosevelt 50, CP 122, 1050 Brussels

**Psychologist, member of the Commission of Psychologists of Belgium, n. 911234799**

**EDUCATION**

- PhD student in PSYCHOLOGY AND EDUCATIONAL SCIENCES  
Université Libre de Bruxelles (Belgium) from 14<sup>th</sup> September 2022  
Thesis: "Socialization practices in adoptive families with gay parents in Western Europe"  
Promoter: Prof. Salvatore D'Amore; Co-Promoter: Dr. Stijn Van Petegem
- M.Sc. (Laurea Magistrale) CLINICAL DYNAMIC PSYCHOLOGY / Final score: 110/110  
University of Padua (Italy) from September 2016 to 05th December 2018  
Thesis: "Dotted and Solid Lines: parental links in "Embryo Adoption" Families"  
Tutor: Dr Marina Miscioscia
- INTERNATIONAL EXCHANGE STUDENSHIP/ MSc CLINICAL PSYCHOLOGY OF ADULT PEOPLE -  
Université Catholique de Louvain, Louvain-la-Neuve (Belgium).  
Scholarship Erasmus+ Studio for five months.
- B.Sc. (Laurea Triennale) PSYCHOLOGICAL SCIENCES OF THE PERSONALITY AND  
INTERPERSONAL RELATIONSHIPS/ Final score: 104/110  
University of Padua (Italy) from September 2013 to 27th September 2016  
Thesis: "Association between disgust, "Not Just Right Experiences" and Obsessive-  
Compulsive Features: a cross-cultural study"; Tutor: Dr Marta Ghisi

**WORK EXPERIENCES**

- **PhD Mini-Arc Fellowship**  
FACULTY OF PSYCHOLOGY, EDUCATIONAL SCIENCES AND SPEECH THERAPY  
Université libre de Bruxelles (Belgium) from 01/10/2023 to 30/09/2024
- **Visiting Researcher**  
FACULTY OF PSYCHOLOGY AND EDUCATION SCIENCES  
Université Libre de Bruxelles (Belgium) from 09/02/2022 to 14/09/2022  
Project: "New adoptive families" – P.I. Prof. Salvatore D'Amore

- **Assistant Researcher**

DEPARTMENT OF WOMEN'S AND CHILDREN'S HEALTH – UNIVERSITY HOSPITAL

University of Padua (Italy) from 24/03/2021 to 31/07/2021

Project: “Stranger within own body: gender dysphoria in transgender children and adolescents” – P.I. Dr Marina Miscioscia.

- **Temporary paid research assistance**

Department of Psychological Sciences, Birkbeck College, University of London – January 2020

Project: The impact of Birkbeck research on public policy regarding LGBT parents' families in Italy” – P.I. Prof. Fiona Tasker

## TEACHING ACTIVITY

- **Interim Lecturer**

FACULTY OF PSYCHOLOGY AND EDUCATION SCIENCES

Université Libre de Bruxelles (Belgium) from 01/10/2022 to 30/09/2023

Course: Seminar of supervision of research internship.

- **Interim Lecturer**

FACULTY OF PSYCHOLOGY AND EDUCATION SCIENCES

Université Libre de Bruxelles (Belgium) from 01/10/2022 to 30/09/2023

Course: Seminar on research interview.

- **Cycle of training webinars on the LGBTQ+ community**

AXA XL Insurance Company - Milan (Italy) / June - September 2022

- First webinar: LGBTQ+ parents: skills and dynamics of queer families.
- Second webinar: LGBTQ+ people working in a supportive work context: dynamics and strategies for an inclusive company

## INTERNSHIP EXPERIENCES

- **Clinical Support Worker in Psychoanalytic Psychotherapy**

BRENT CENTRE FOR YOUNG PEOPLE – 51 Winchester Ave, Kilburn, London (UK) - NW67TT  
from May 2019 to May 2020

- **Honorary Assistant Researcher in Psychological Sciences**

BIRKBECK, UNIVERSITY OF LONDON - Malet Street, Bloomsbury, London (UK) - WC1E7HX  
from January 2019 to July 2019 – Supervisor: Dr Fiona Tasker  
Project: “Adoptive families in the UK with LGBTQ+ and straight parents.

- **Honorary Assistant Researcher in Psychological Sciences**

BIRKBECK, UNIVERSITY OF LONDON - Malet Street, Bloomsbury, London (UK) - WC1E7HX

from March 2018 to July 2018 – Supervisor: Dr Fiona Tasker.

Project: “Narratives and family maps in “Embryo Donation” Families”.

- **Trainee in Psychological Sciences**

UNIVERSITY OF VALENCIA – Avenida de Blasco Ibáñez, 21, Valencia (Spain) - 46010

from March 2016 to May 2016 – Supervisor: Dr Gemma Garcia-Soriano

Project: “Obsessive-compulsive characteristics in non-clinical population. A cross-cultural study Italy-Spain.

## **TRAININGS**

- Training in Family and Systemic Therapy  
Institut d’Études de la Famille et des Systèmes Humains (IEFSH)  
Avenue Brugmann 157, Forest (Belgium) – 1190  
From 01/09/2023 to 31/08/2027
- BIP+ Erasmus doctoral course “Sexuality and sexual health in the 21<sup>st</sup> century”  
Interuniversity Centre (IUC), Dubrovnik, Croatia - Hosted by University of Zagreb, Croatia  
From 6 to 10 May 2024 (on Erasmus+ program funding)
- Training course in Clinical Psychology of Family and Couple Diversity  
Faculty of Psychological Sciences and Education - Université Libre de Bruxelles,  
from 16 September 2022 to 30 June 2023 - Coordinator: Prof. Salvatore D'Amore
- Certified Massive Open Online Course (MOOC) on “Culturally Competent and Compassionate LGBT+ in Health and Social Care” (50h)  
Middlesex University, London, United Kingdom  
from November 2021 to January 2022

## **RESEARCH GROUP COLLABORATIONS**

- Research collaboration, Department of Women’s and Children’s Health and Department of Developmental Psychology and Socialisation, University of Padova (Italy),  
from April 2020 to November 2022  
P.I.: Dr Marina Miscioscia  
Projects: “Psychosocial effects of COVID-19 Pandemic on the Italian LGBT+ community: self-reports questionnaires, interviews and photo-voice sessions”,  
“TransParents: parenthood desire of transgender participants to 3 focus-group sessions”,  
“Effects of COVID-19 pandemic on a sample of young gay and lesbian adults living in Paris”,  
“Attitudes and beliefs of an Italian sample towards surrogacy”  
“Attitudes of transgender and non-binary people who were assigned female at birth (AFAB) towards pregnancy and giving birth”
- Research collaboration, Department of Psychological Science, Birkbeck, University of London (UK), from September 2019 to July 2021

P.I.: Prof. Fiona Tasker and Dr. Pedro Costa

Project: “Adoptive families in the UK with gay, lesbian and heterosexual parents”

- Global Queerantime project: P.I. Prof Jorge Gato, University of Porto, Portugal, <https://www.fpce.up.pt/queerantime/index.html>

## ADDITIONAL SKILLS

- LINGUISTICS:
  - mother tongue: Italian
  - English: fluent (C1 level); IELTS certification (2019)
  - French: fluent (C1); DELF certification B2 (2018)
  - German: good (B2); Volkshochschule Köln - Attendance Certificate B2.2 (2021)
  - Spanish: good (B2/B1 level); OLS certification (2016)
  - Dutch: good (B1); CVO Semper – Attendance Certificate B1 (2024)
- COMPUTER SKILLS: Windows Office (Word, Excel, PowerPoint), and macOS.  
SPSS, Jamovi and R for quantitative analysis research.  
NVivo for qualitative analysis research.  
Qualtrics and LimeSurvey for online surveys.

## PUBLICATIONS

Della Casa, V.; Gubello, A.; Malmquist, A.; Mezzalana, S.; Bonato, M.; Simonelli, A.; Gatta, M.; Miscioscia, M. (2024). Minority Stress, Self-Awareness, and Coping Strategies during the COVID-19 Pandemic among Italian Transgender Young Adults. *Healthcare*, 12, 132. <https://doi.org/10.3390/healthcare12020132>

Malmquist, A.; Miscioscia, M.; Leal, D.; Tasker, F.; Bredenberg, C.; Gubello, A.; Gato, J.; Houghton, M.; & Wurm M. (2023). “Under house arrest”: Mental health and minority stress experiences of LGBTQ+ young adults during the COVID-19 pandemic in Europe. *Sexuality Research and Social Policy*. <https://doi.org/10.1007/s13178-023-00916-x>

Gubello, A. (2023). Commentary: Experiencing perinatal mental health difficulties as a non-birthing mother in a female same-sex couple: a wider reflection on heteronormative cis-gendered care in maternity services. *Evidence-Based Nursing*. <https://doi.org/10.1136/ebnurs-2023-103756>

Vázquez, I.; Gato, J.; Coimbra, S.; Tasker, F.; Barrientos, J.; Miscioscia, M.; Cerqueira-Santos, E.; Malmquist, A.; Seabra, D.; Leal, D.; Houghton, M.; Poli, M.; Gubello, A.; de Miranda Ramos, M.; Guzmán, M.; Urzúa, A.; Ulloa, F.; & Wurm. (2023). Psychological Adjustment Profiles of LGBTQ+ young adults residing with their parents during the COVID-19 pandemic: An International Study. *International Journal of Environmental Research and Public Health*, 20(4), 3188. <https://doi.org/10.3390/ijerph20043188>

D'Amore, S.; Maurisse, A.; Gubello, A.; & Carone, N. (2023). A Qualitative Investigation of Parenting, Stress, and Resilience Experiences among Belgian Lesbian Mothers through Donor Insemination. *International Journal of Environmental Research and Public Health*, 20 (4), 2800. <https://doi.org/10.3390/ijerph20042800>

Miscioscia, M.; Poli, M.; Gubello, A.; Simonelli, A.; Gatta, M.; Gato, J.; Rigo, P. (2022). Influence of the COVID-19 Pandemic on Italian LGBT+ Young Adults' Mental Health: The Role of Neuroticism and Family Climate. *International Journal of Environmental Research and Public Health*, 19(23), 15795. <https://doi.org/10.3390/ijerph192315795>

Costa, P.A., Gubello, A., & Tasker, F. (2021). Intentional Kinship through Caring Relationships, Heritage, and Identity: Adoptive Parents' Inclusion of Non-Biological and Non-Affinal Relationships on Family Maps. *Genealogy*, 5(4), 85. <https://doi.org/10.3390/genealogy5040085>

Gato, J., Barrientos, J., Tasker, F., Miscioscia, M., Cerqueira-Santos, E., Malmquist, A., Seabra, D., Leal, D., Houghton, M., Poli, M., Gubello, A., Ramos, M.M., Guzmán, M., Urzúa, A., Ulloa, F., & Wurm, M. (2021). Psychosocial Effects of the COVID-19 Pandemic and Mental Health Among LGBTQ+ Young Adults: A Cross-Cultural Comparison Across Six Nations. *Journal of Homosexuality*, 64(4), 612-630. DOI: <https://doi.org/10.1080/00918369.2020.1868186>

Tasker, F., Gubello, A., Clarke, V., Moller, N., Nahman, M., & Willcox, R. (2018). Receiving, or "Adopting", Donated Embryos to Have Children: Parents Narrate and Draw Kinship Boundaries. *Genealogy*, 2(3), 35. DOI: <http://doi.org/10.3390/genealogy2030035>

### Proceedings

Miscioscia, M., Gubello, A., Tasker, F., & Rosin, R. "Parenthood desire in transgender and non-binary people and related possible scenarios within the Italian context: qualitative analysis of two focus groups". (2022) In Gambarota, F.; Grassi, M.; & Salcuni, S. *Book of Abstract – 30° Congresso dell'Associazione Italiana di Psicologia*, 45. ISBN 978-88-6938-316-8.

Gubello, A., Poli, M., Rigo, P., Simonelli, A., Gatta, M., & Miscioscia, M. (2022). The impact of COVID-19 on the well-being of the Italian LGBTQIA+ community. *International Journal of Sexual Health*, 34(sup. 1), 107. DOI: <https://doi.org/10.1080/19317611.2022.2017618>

Miscioscia, M., Gubello, A., Poli, M., Simonelli, A., Gatta, M., & Rigo, P. (2021). Psychological Sequelae in LGBTQI+ Italian Young Adults During COVID-19 Pandemic. *Mediterranean Journal of Clinical Psychology*, 9(sup. 1), 153. DOI: <https://doi.org/10.13129/2282-1619/mjcp-3223>

## ORAL PRESENTATIONS

Gubello, A., D'Amore, S., Tornello, S.L., Vecho, O., Bressanutti, S., & Carone, N. "Early childhood adversities and children's adjustment in adoptive families: an international study". International Congress of Psychology (ICP) – Psychology for the Future: Together in Hope. Prague, Czech Republic, 21-26 July 2024. (accepted)

Gubello, A., Carone, N., & D'Amore, S. "Gay father couples' thoughts and feelings about their journey to parenthood through surrogacy". International Congress of Psychology (ICP) – Psychology for the Future: Together in Hope. Prague, Czech Republic, 21-26 July 2024. (accepted)

D'Amore, S., & Gubello, A. "Gay-parenting". 51st BSRM (Belgian Society for Reproductive Medicine) Scientific Meeting. The Montil, Afflingem (Belgium), 22 March 2024.

D'Amore, S., & Gubello, A. "Les enfants et les adolescents dans les nouvelles familles". International Conference of Family Therapy: 'The road that connects individual and social resources'. Assisi (Italy), 6-8 July 2023.

Miscioscia, M., Mezzalana, S., Giuliani, F., Gubello, A., Gatta, M., Garolla, A., & Simonelli, A. "TRANS-Parenthood desire and related possible scenarios within the Italian context". 5<sup>th</sup> European Professional Association for Transgender Health (EPATH) Conference: 'Strengthening the standards: communities and research'. Killarney (Ireland), 26-28 April 2023.

Miscioscia, M., Gubello, A., Tasker, F., & Rosin, R. "Parenthood desire in transgender and non-binary people and related possible scenarios within the Italian context: qualitative analysis of two focus groups". 30th National Congress of the Italian Association of Psychology – AIP. Padova (Italy), 27<sup>th</sup> - 30<sup>th</sup> September 2022.

Gubello, A., D'Amore, S., Vecho, O., Aparicio-García, M.E., Moya-Albiol, L., Bressanutti, S., Vanbelle, A., & Tornello, S.L. "Adoptive families during the COVID-19 pandemic: stress factors and resilience within a Belgian and French sample". 11th Conference of the European Family Therapy Association, EFTA 2022 – Systemic resonances and interferences. Ljubljana (Slovenia), 7<sup>th</sup> – 10<sup>th</sup> September 2022.

Guibaud, C., D'Amore, S., & Gubello, A. "The experiences of same-sex stepfamilies: between stressors and resources". 11th Conference of the European Family Therapy Association, EFTA 2022 – Systemic resonances and interferences. Ljubljana (Slovenia), 7<sup>th</sup> – 10<sup>th</sup> September 2022.

Gubello, A., D'Amore, S., Maurisse, A., & Carone, N. "How can we handle this? Discrimination and resilience in Belgian lesbian parents' narratives". 3rd International Conference on LGBT+ Psychology and Related Fields – Promoting equality, social justice, and psychosocial well-being in a contrasting world. Lisbon (Portugal), 22<sup>nd</sup> – 25<sup>th</sup> June 2022.

Gubello, A., Accettura, A., & Miscioscia, M. "Being alone with million people around: lockdown experiences of gay and bisexual adults in Paris". 3rd International Conference on LGBT+ Psychology and Related Fields – Promoting equality, social justice, and psychosocial well-being in a contrasting world. Lisbon (Portugal), 22<sup>nd</sup> – 25<sup>th</sup> June 2022.

Miscioscia, M., Rosin, R., Gubello, A., Poli, M. & Tasker; F. "Would I be a Trans-Parent? Qualitative analysis of two focus groups with transgender people on parenthood desire and related possible scenarios within the Italian context". Multidisciplinary workshop on quantitative and qualitative research on life-changing transitions in the LGBTQ+ community, Gender Economics Research Group at the Swedish Institute for Social Research, Stockholm (Sweden), 23<sup>rd</sup> – 24<sup>th</sup> September 2021.

Miscioscia, M., Gubello, A., Poli, M., Simonelli, A., Gatta, M., & Rigo, P. "Psychological Sequelae in LGBTQI+ Italian Young Adults During COVID-19 Pandemic". 22nd National Congress of the Italian Association of Psychology - AIP, Division of Clinical and Dynamic Psychology. Lecce (Italy), 17<sup>th</sup> – 19<sup>th</sup> September 2021.

Gubello, A., Poli, M., Rigo, P., Simonelli, A., Gatta, M., & Miscioscia, M. The impact of COVID-19 on the well-being of the Italian LGBTQIA+ community. 25th Congress of the World Association for Sexual Health (WAS) "Leave no one behind", The Southern African Sexual Health Association (SASHA), Cape Town (South Africa), 9<sup>th</sup> – 12<sup>th</sup> September 2021.

Tasker, F., Costa, P.A., & Gubello, A. "Adoptive parenting in the UK: lesbian, gay & heterosexual parents and hard-to-place children's psychological well-being.". Bloomsbury Childhood Studies Group, London (UK), 19<sup>th</sup> June 2019.

#### *Divulqation texts and presentations*

D'Amore, S., Gubello, A., Vanbelle, A. "Les familles adoptives homoparentales et monoparentales". Webinar organized by the Université Libre de Bruxelles, 3<sup>rd</sup> May 2022.

Miscioscia, M., Gubello, A., Poli, M., Giacomelli, C. "Gli effetti psicosociali della pandemia da Covid-19 nella comunità LGBTQ+". Online event organised by Circolo Arcigay Valle d'Aosta Queer VdA, 3<sup>rd</sup> May 2021.

Miscioscia, M., Gubello, A., Poli, M. "Generazione Queer". Online event organised by the following associations: "Non Una di Meno Cagliari" – "Non Una di Meno Piacenza" – "Non Una di Meno Transterritoriale Marche", 21<sup>st</sup> May 2021.

Miscioscia, M., Poli, M., Gubello, A., Rigo, P. (April 2021). Gli Effetti Psicosociali della Pandemia da Covid-19 nella Comunità LGBTQI+. Primo Report dell'Indagine Italiana. PDF here: [https://www.fpce.up.pt/queerantime/pdf/Report\\_Italy.pdf](https://www.fpce.up.pt/queerantime/pdf/Report_Italy.pdf)

## POSTERS

Miscioscia, M., Gubello, A., della Casa, V., Mezzalana, S., Simonelli, A., Gatta, M., Malmquist, A. Being a Trans\* Person during a Pandemic: Stress and Resilience Factors among Italian Young Adults. 5<sup>th</sup> European Professional Association for Transgender Health (EPATH) Conference: 'Strengthening the standards: communities and research'. Killarney (Ireland), 26<sup>th</sup>–28<sup>th</sup> April 2023.

Gubello, A., D'Amore, S., Vecho, O., Aparicio-García, M.E., Moya-Albiol, L., Bressanutti, S., & Tornello, S.L. New Adoptive Family Configurations and Family Members' Well-Being: An International Study in Europe. 2023 International Convention of Psychological Science (ICPS) – Association for Psychological Science. Brussels (Belgium), 9<sup>th</sup>–11<sup>th</sup> March 2023.